By the age of 30 those with the highest levels of education are expected to live four years longer than those with the lowest levels of education.

A good education helps build strong foundations for:

- Supportive social connections
- Accessing good work
- Life-long learning and problem solving
- Feeling empowered and valued

These foundations support healthier lives by increasing our opportunity to:

- Manage and limit exposure to life’s challenges
- Afford a good quality of life
- Live and work in safe and healthy environments
- Develop life-long healthy habits