

Transport

⁶ Transport is not an end in itself but rather a means allowing people to access what they need: jobs, markets and goods, social interaction, education, and a full range of other services contributing to healthy and fulfilled lives. **7**

A healthy and sustainable transport system:

Supports safe and community-friendly streets and spaces

Is accessible and efficient for everyone





'Well-designed streets and public spaces have the power to make our environment a safe one by reducing vehicle speeds and use' Design Council

Funding for supported bus services was reduced by 25% between 2010 and 2016. This affects people on lower incomes, who take up to 2x more bus trips than those on higher incomes

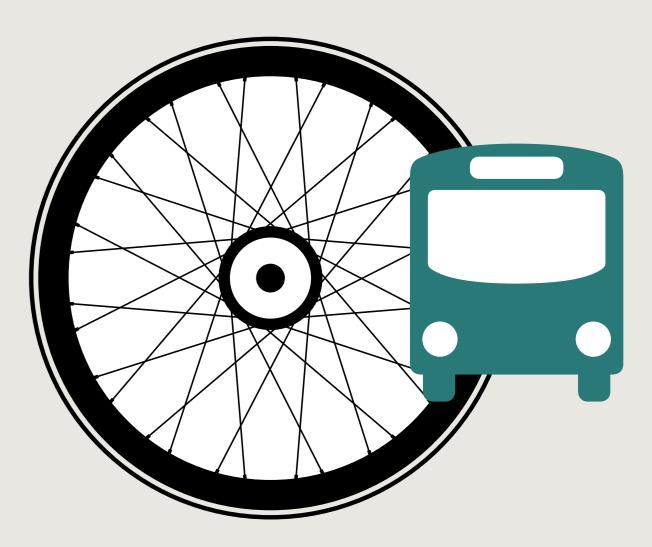


Minimises harmful impacts on the environment

Our current transport system is one of the biggest sources of air pollution in the UK. Air and noise pollution from transport are the biggest environmental health risk factors in Western Europe

UN 2016

Enables walking, cycling and public transport use



While the perception that roads are too dangerous for cyclists is falling, 59% of people still agree that 'it is too dangerous to cycle on the roads'

References available at www.health.org.uk/healthy-lives-infographics © 2019 The Health Foundation.