



The Health Foundation's annual event 2019

Faster progress to improve health and care: what are the ingredients?

23 May 2019

Programme

09.00 - 09.40: Session 1 - Ingredients for faster progress

The NHS Long Term Plan: next steps

- **Simon Stevens**, Chief Executive, NHS England
- Chair: **Dr Jennifer Dixon**, Chief Executive, the Health Foundation

As plans start to take shape to implement the NHS Long Term Plan in England, critical questions remain about the future of our health care; how can we accelerate progress? And how can we get solutions working well for staff and patients everywhere now and in the future? In his keynote address Simon Stevens will consider the next stage of the NHS Long Term Plan and will look ahead, sharing his thoughts on where the plan offers support and incentives to speed up innovation and improvement, and his reflections on the key assets that the NHS can draw on to accelerate the pace of change that is needed.

09.45 - 10.45: Session 2 - Beyond the boundaries of health care

- **Dr Dominique Allwood**, Assistant Director of Improvement, the Health Foundation
- **Kieron Boyle**, Chief Executive, Guy's and St Thomas' Charity
- **Dr Helen Crimlisk**, Deputy Medical Director, Sheffield Health and Social Care
- Chair: **Jo Bibby**, Director of Health, the Health Foundation

Looking beyond hospitals and clinics and into communities where people's health is determined, this session will explore why it's so important for the NHS to think and act beyond its boundaries to deliver better care for patients. The session will feature perspectives about how to improve the health of local communities and a case study of changes happening now in Lambeth and Southwark.

11.15 - 12.15: Session 3 - Beyond the boundaries of health care Breakout sessions

Session 3A: Anchored in the community: how the NHS can influence population health

- **Dr Tammy Boyce**, Consultant, WHO Europe
- **John Craig**, Chief Executive, Care City
- **James Goodyear**, Associate Director of Policy and Partnerships, Leeds Teaching Hospitals NHS Trust
- Chair: **Sarah Reed**, Improvement Fellow, the Health Foundation

If the strongest influences on our health come not from medical care, but from the wider determinants that shape where we live, learn, work and age, then what does this mean for the NHS? This session explores how NHS organisations can make the most of their role as anchor institutions, helping to improve population health through how they choose to employ, purchase and interact within their local communities. Hear inspiring stories from organisations leading the way in this work, with ideas for practical changes NHS organisations can make, and learning about how to overcome challenges in order to positively influence local population health.

Session 3B: Making change happen in a complex world: young people's mental health

- **Evie Basch**, Illustrator
- **Professor Jim McManus**, Director of Public Health, Hertfordshire County Council
- **Dr Anna Moore**, Clinical Academic in Child Psychiatry, National Institute for Health Research Collaboration for Leadership in Applied Health Research and Care (NIHR CLAHRC) East of England, University of Cambridge
- **Professor Harry Rutter**, Professor of Global Public Health, University of Bath
- **Joella Scott**, Strategy Manager, Early Help Commissioning, Hertfordshire County Council
- Chair: **Tim Elwell-Sutton**, Assistant Director of Strategic Partnerships, the Health Foundation

Tackling the major population health issues faced by society can be difficult because of the sheer complexity of the drivers and consequences of our health. With a focus on young people's mental health, this session provides insight from areas that have taken a whole system approach to addressing young people's mental health, working across sectors and improving care. You'll hear about the challenges of using the mental health system from a young person's perspective and understand how a system-wide approach can shape who you involve, how you implement action, what you measure and how you evaluate – ultimately making change more effective in the real world.

Session 3C: Working across traditional care boundaries: what are the ingredients for success?

- **Dr Wasim Baqir**, National Pharmacy Lead (Care Homes), NHS England
- **Professor Anoop Chauhan**, Respiratory Consultant and Director of Research and Innovation, Portsmouth Hospitals NHS Trust
- **Dr Barbara Cleaver**, Emergency Medicine Consultant and Mental Health Lead, Imperial College Healthcare NHS Trust
- **Professor Mary Dixon-Woods**, Health Foundation Professor of Healthcare Improvement Studies and Director of THIS Institute, University of Cambridge
- **Dr Mark Hamilton**, Clinical Director, Surrey Heartlands Integrated Care System Academy
- Chair: **Tim Horton**, Assistant Director of Insight and Analysis, the Health Foundation

The NHS Long Term Plan announced the expansion of Integrated Care Systems to help deliver the ‘triple integration’ of primary and specialist care, physical and mental health services, and health and social care. But while proposed reforms to contracts and payments will help support service integration, it’s less clear how care will actually get reshaped on the ground. That will require teams to develop new approaches and agree to work together in different ways – something we know from the Health Foundation’s award programmes can be harder than it sounds. This session will explore the challenges involved and hear from three great examples of cross-boundary working which have developed more integrated approaches to care.

13.15 - 14.15: Session 4 - Looking to the future: implications for improving health care

- **Madeleine Julian**, Co-Founder and Director, DigiBete.org
- **Dr Ramani Moonesinghe**, Professor and Head of Centre for Perioperative Medicine, University College London
- **Professor Neil Sebire**, Chief Research Information Officer and Director, Great Ormond Street Hospital Digital Research, Informatics and Virtual Environments (DRIVE) Unit
- Chair: **Adam Steventon**, Director of Data Analytics, the Health Foundation

Advances in data and technology hold tremendous potential for faster improvements in health care. But realising this potential will require effective collaboration between policy makers, industry, clinicians, patients and the public. Our keynote discussion will explore fostering productive dialogue between different groups. We’ll discuss increasing uptake of new technology, using technology in practice and the opportunities and challenges this brings. Featuring perspectives from patients, clinicians and the research community, we will consider how to realise the benefits of technology to improve care.

14.20 - 15.20: Session 5- Looking to the future: Implications for improving health care

Breakout sessions

Session 5A: Bucking the trend to ensure a healthy future for young people

- **Shazia Bibi**, Actor, producer and writer
- **John Brazendale**, Councillor, Bingley Town Council
- **Martina Kane**, Policy and Engagement Manager, the Health Foundation
- **Professor John Wright**, Director of Research, Bradford Institute for Health Research
- Chair: **Hugh Alderwick**, Assistant Director of Strategy and Policy, the Health Foundation

From positive shifts, such as the gradual decline in alcohol consumption, to more potentially harmful ones, such as increasing uncertainty in the housing market, this session looks at the long term trends likely to impact on the future health of today's young people. Using one city as an example, we look at how these issues are playing out for young people growing up in Bradford. What might their future look like? And how can the NHS and other local public services respond to these trends and tailor services to limit the harmful effects?

Session 5B: Harnessing data for better health and health care

- **Dr Natalie Banner**, Lead for Understanding Patient Data, Wellcome Trust
- **Dr Martin Bardsley**, Senior Fellow, the Health Foundation
- **Jamie Megaw**, Strategic Programme Manager, Midlothian Health and Social Care Partnership
- Chair: **Kathryn Dreyer**, Principal Data Analyst, the Health Foundation

The vast amount of information generated by the NHS every day is a major asset for improving patient care. But we need to get better at using it. This session sets out our vision for how skilled analysts and better use of data could power health services in the future. We look at an exciting project already testing new ground, and the powerful impact harnessing data can have on service delivery and patient care. We'll also cover the role of public and patient involvement and engagement, and some of the key challenges and barriers to using data in practice.

Session 5C: Automation in health care: where do we want it, and how do we make it happen?

- **Dr Angela Coulter**, Non-Executive Director of NICE and freelance researcher
- **Dr Indra Joshi**, Digital Health and Artificial Intelligence Clinical Lead, NHS X
- **Professor Martin Marshall**, Professor of Healthcare Improvement, University College London
- **Dr Matt Willis**, Researcher, University of Oxford
- **Chairs:** Usha Boolaky, Assistant Director of Research, the Health Foundation and Tom Hardie, Improvement Fellow, the Health Foundation

This session will shine a spotlight on the opportunities and challenges offered by increased automation and artificial intelligence in health care. Drawing on new research from Oxford University, we will look at ways technology is enabling the automation of both clinical and administrative tasks, exploring what it means for quality, efficiency and staff experience. Where could the power of automation really make a difference? Where don't we want to use it at all? And what will it take to harness the potential automation offers the NHS and make it happen in practice?

15.45 - 16.40: Session 6 - Preparing for the coming revolution in professional work

- **Dr Charlotte Augst**, Chief Executive Officer, National Voices
- **Dr Fiona Godlee**, Editor-in-Chief, *The BMJ*
- **Dr Samantha Roberts**, Chief Executive, Accelerated Access Collaborative
- Chair: **Dr Jennifer Dixon**, Chief Executive, the Health Foundation

To create a sustainable NHS we will need to make the most of innovative technologies such as automation and digital medicine. This session will examine how the coming wave of technologies might be embraced by clinicians and patients and adapted by them for faster uptake. We'll also explore how this will impact on the role of clinicians and patients and consider what national organisations and patients groups might do to harness technology to shape the way the NHS works in the future.